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By Phoebe CausleyTodd – Canterbury Girls High School

# My Service Component - Mudcrabs

## Why I love Mudcrabs >>>

I love Mudcrabs for many different reasons. These reasons include the wonderful volunteers who give up their time each weekend to take part in this community-based organisation, having a good environmental impact in our local community. I get good exercise by cycling to and from each site near the Cooks River every weekend. I have made many new friends at Mudcrabs, and it's one of my favourite things to do on the weekend! An added bonus is the complimentary tea and biscuits at the end of each working bee! Lots of Councils have bush regeneration groups that you can volunteer for, feel free to google it!



## What is Mudcrabs

Mudcrabs is a volunteer run environmental care group. Participants regularly collect rubbish and restore native bushland. Mudcrabs sites are around the inner west near the cycle path along the Cooks River. It is an open friendly come-when-you-want group with all sorts of people. Some members have been Mudcrabbing since before 2010. Canterbury Council is also involved with this project, supplying bags, rubbish grabbers, boots, gloves, etc. The Mudcrabs name was chosen because the presence of mudcrabs along the Cooks River is a good sign of health and a goal all Mudcrabbers are working towards. Mudcrabs is on every weekend at different sites along the Cooks River so feel free to come and join us!



## Why I chose Mudcrabs

Reasons that I chose to join Mudcrabs include: The nice people, the easy accessibility to each site every week along the bicycle track at the Cooks River. Living near the bicycle track and owning a bike has been a huge help with transport to and from the Mudcrab sites. Another reason I joined Mudcrabs was because my Dad and brother use to take part in it a few years back. I remembered my dad and brother coming home each week feeling happy, satisfied and pleasantly tired. When I found out I had to do a service activity for my Duke of Ed, Mudcrabs was the first thing that came to mind. Mudcrabs also have an information site and a calendar with all the working bee dates and sites until December.

Mudcrabs website: [http://www.crva.org.au/?page\\_id=7](http://www.crva.org.au/?page_id=7)

Mudcrabs Calendar: <http://www.crva.org.au/wp-content/uploads/2013/04/Mudcrabs-calendar-July-December-2019.pdf>